

AR
Maynard High School (Maynard School District)
74 Campus Drive
Maynard AR 72444
870-647-3500

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Maynard High School
School LEA Number:	6102006

School Year: 2021-2022

Section II: Needs Assessment

School Health Index Assessment

If completing the SHI Assessment online, a reference number must be provided.

Reference Number:	Mayn200073
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Reviewer Comments:

Body Mass Index (BMI)

Develop a brief narrative of student BMI trends based on the analysis of the data.

Overall, BMI classification results for Maynard High School show:

21.9% of all children measured were in the overweight category, and

27.4% of all children measured were identified as obese.

Additional Health Data (Optional)

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

✓ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee **(AR Code §6-20-709)**.

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Goal 1 Measurable Objective

All student served by the LEA will receive grade appropriate nutrition education.

Goal 1 Activities

Activity	Person Responsible	Timeline
The district wellness committee will review the menu's quarterly to ensure health food choices are being marketed.	Susan Francis	Quarterly
Provide grade appropriate nutrition education to all students. Health and Science classes will use classroom tools as well as guest speakers.	Health and Science teachers	per curriculum
Ensure the district's wellness policy is in compliance with federal and state mandates. This will be checked at quarterly meetings. Team members will receive information on any changes.	David Byers	Yearly

Reviewer Comments:

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Goal 2 Measurable Objective

All students will be provided the minimum levels of physical education and physical activity will be implemented across the curriculum for all grade levels.

Goal 2 Activities

Activity	Person Responsible	Timeline
Provide at least the minimum levels of physical education and physical activity. Students will be enrolled in PE classed with a comprehensive wellness curriculum.	Cindy Dauck	Yearly
Physical activity is implemented across the curriculum for all grade levels. Students will engage in a wide variety of wellness and health activities.	Adam Blackwell	Yearly
Ensure the district's wellness policy is in compliance with federal and state mandates. This will be checked at quarterly meetings. Team members will receive information of any changes.	David Byers	Yearly

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Goal 3 Measurable Objective

Professional development will be provided for staff that includes nutrition and physical activity.

Goal 3 Activities

Activity	Person Responsible	Timeline
Professional development will be provided for staff that includes nutrition and physical activity. Staff development such as CPR/AED training, developing a wellness program, and various other health topics will be provided.	Cindy Dauck	Yearly

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

List school-wide health related professional development sessions planned for school staff
(Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Bullying: Separating Fact From Fiction	Dr. Joseph Wright	1.5 hour

Reviewer Comments:

Reviewer Response:

Reviewer Comments: