

AR  
Maynard Elementary School (Maynard School District)  
74 Campus Drive  
Maynard AR 72444  
870-647-2595

**Health and Wellness School Improvement Priority**

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**Section I: School Information**

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<b>School Name:</b>	Maynard Elementary School
<b>School LEA Number:</b>	6102005

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**School Year: 2021-2022**

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**Section II: Needs Assessment**

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**School Health Index Assessment**

☒ Check box if completing the SHI Assessment online

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If completing the SHI Assessment online, a reference number must be provided.

<b>Reference Number:</b>	Mayn288993
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**Reviewer Comments:**

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**Body Mass Index (BMI)**

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**Develop a brief narrative of student BMI trends based on the analysis of the data.**

Overall, BMI classification results for Maynard Elementary School show:

25.7% of all children measured were in the Overweight category, and

21.5% of all children measured were identified as Obese

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**Additional Health Data** (Optional)

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Develop a brief narrative of other health and wellness data. (Optional)

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Reviewer Comments:

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### Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

- ☑ The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (**AR Code §6-20-709**).

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#### Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

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##### Goal 1 Measurable Objective

The district wellness committee will ensure that all students receive grade appropriate nutrition education.

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##### Goal 1 Activities

Activity	Person Responsible	Timeline
The district wellness committee will review the menus quarterly	Susan Francis	Quarterly
Health and Science classes will use classroom tools as well as guest speakers to provide grade appropriate nutrition education	Classroom teachers	per curriculum
Ensure that the district's wellness policy is in compliance with federal and state mandates. This will be checked at quarterly meetings.	David Byers	Yearly

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Reviewer Comments:

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#### Topic 2: Coordination and Implementation of Physical Activity and Education for Students

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##### Goal 2 Measurable Objective

Ensure that the minimum levels of physical education and physical activity are being provided and that physical activity is implemented across the curriculum for all grade levels.

**Goal 2 Activities**

Activity	Person Responsible	Timeline
Provide at least the minimum levels of physical education and physical activity. Students will be enrolled in PE classes with a comprehensive wellness curriculum.	Lori Steimel	Yearly
Physical activity is implemented across the curriculum for all grade levels. Students will engage in a wide variety of wellness and health activities.	Michelle Byers	Yearly
Ensure the district's wellness policy is in compliance with Federal and State mandates. This will be checked at quarterly meetings. Team members will receive information on any changes.	David Byers	Yearly

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**Reviewer Comments:**

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**Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students**  
**(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)**

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**Goal 3 Measurable Objective**

Professional development will be provided for staff that includes nutrition and physical activity.

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**Goal 3 Activities**

Activity	Person Responsible	Timeline
Provide professional development for staff that includes nutrition and physical activity. Staff development such as CPR/AED training, developing a Wellness Program and various other health topics will be provided.	Lori Steimel	Yearly

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**Reviewer Comments:**

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**Topic 4: Inclusion of School-wide Health Related Professional Development**

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**List school-wide health related professional development sessions planned for school staff**

(Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Bullying: Separating Fact From Fiction	Dr. Joseph Wright	1.5 hour

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Reviewer Comments:

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Reviewer Response:

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Reviewer Comments: